



99¢
Limit 2

**Best
Choice
Creamy
Peanut
Butter**
16oz.

**Dole Chopped
Salads**
Selected Varieties
9.1-12.25oz.

2.99

**Gala
Apples**

88¢ ^{lb}

Fresh Meat



6⁴⁹
lb

**Sirloin
Ball Tips**



5⁶⁹
lb

**Ground
Chuck**



2⁴⁹
lb

**Boneless Pork
Sirloin Chops**



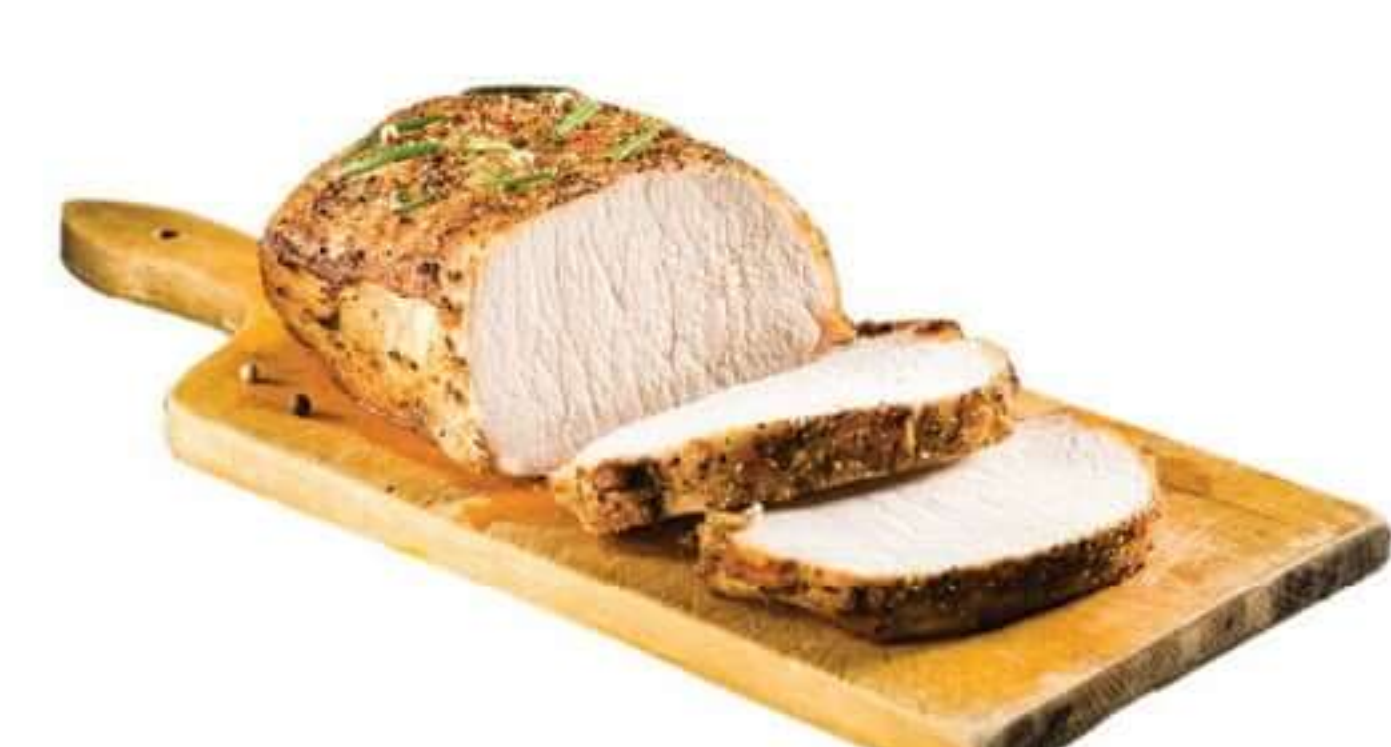
6⁸⁹
lb

**Cube
Steaks**



2⁸⁹
lb

**Pork
Cutlets**



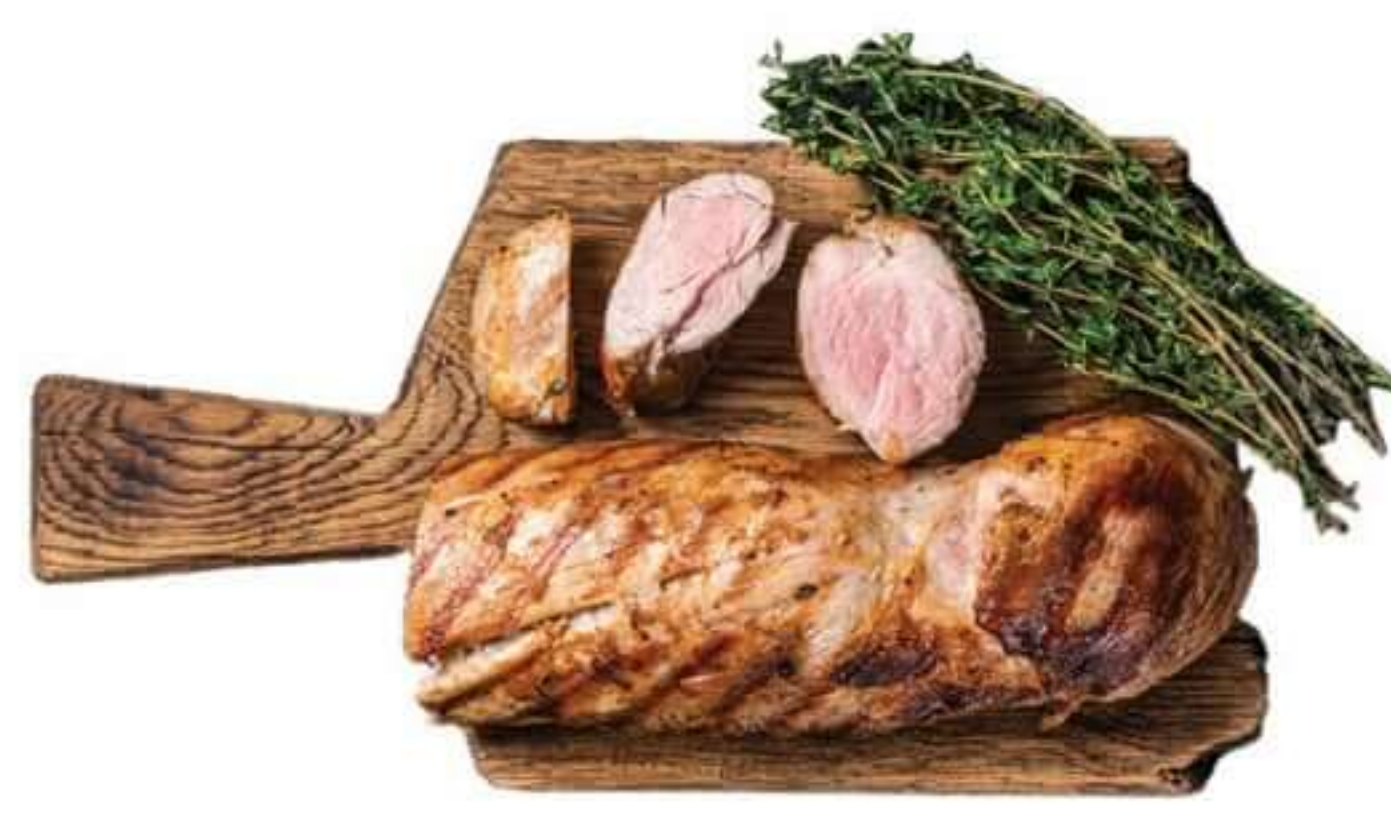
2³⁹
lb

**Boneless Pork
Sirloin Roast**



2/\$7

**Gourmet
Ground Chuck
Patties**
8oz.



6⁹⁹

**Smithfield
Marinaded
Loins &
Tenderloins**
Selected Varieties
18.4-23oz.



2³⁹
lb

**Boneless
Pork Sirloin
Ribs**

Healthy Choices



4⁴⁹
lb

**Springer
Mountain Farms
Chicken Breast
or Tenders**



4⁹⁹

**Tyson Ground
Chicken**
1 Pound



4⁹⁹

**Honeysuckle
Ground Turkey**
1 Pound



6⁹⁹

**Sea Best
Cod Fillets**
16oz.



6⁹⁹

**Sea Pak
Shrimp**
Selected Varieties
8.2-16oz.



11⁹⁹
lb

**Fresh
Atlantic
Salmon**

Packaged Meat



2⁹⁹

**Bob Evans
Side Dishes**
Selected Varieties
12-24oz.



4⁹⁹

**El Monterey
Burritos or
Chimichangas**
Selected Varieties
30.4-32oz.



3⁹⁹

**Oscar Mayer
Deli Shaved
Lunchmeats**
Selected Varieties
6-9oz.



4⁹⁹

**Curly's
Bar BBQ**
Selected Varieties
12-16oz.



4⁹⁹

**Oscar Mayer
Delimex
Snacks**
Selected Varieties
19.2-23oz.



3⁴⁹

**Oscar Mayer
Uploaded
Lunchables**
Selected Varieties
13.9-15.9oz.



3⁹⁹

**Farmland
Bacon**
Selected Varieties
12-16oz.



3⁴⁹

**Eckrich
Smoked
Sausage**
Selected Varieties
10-14oz.



8⁹⁹
lb

**Tyson
Fully Cooked
Chicken**
Selected Varieties
16-28oz.

Easy Meals



3⁹⁹
lb

**Market
Made Pork**



6⁹⁹
lb

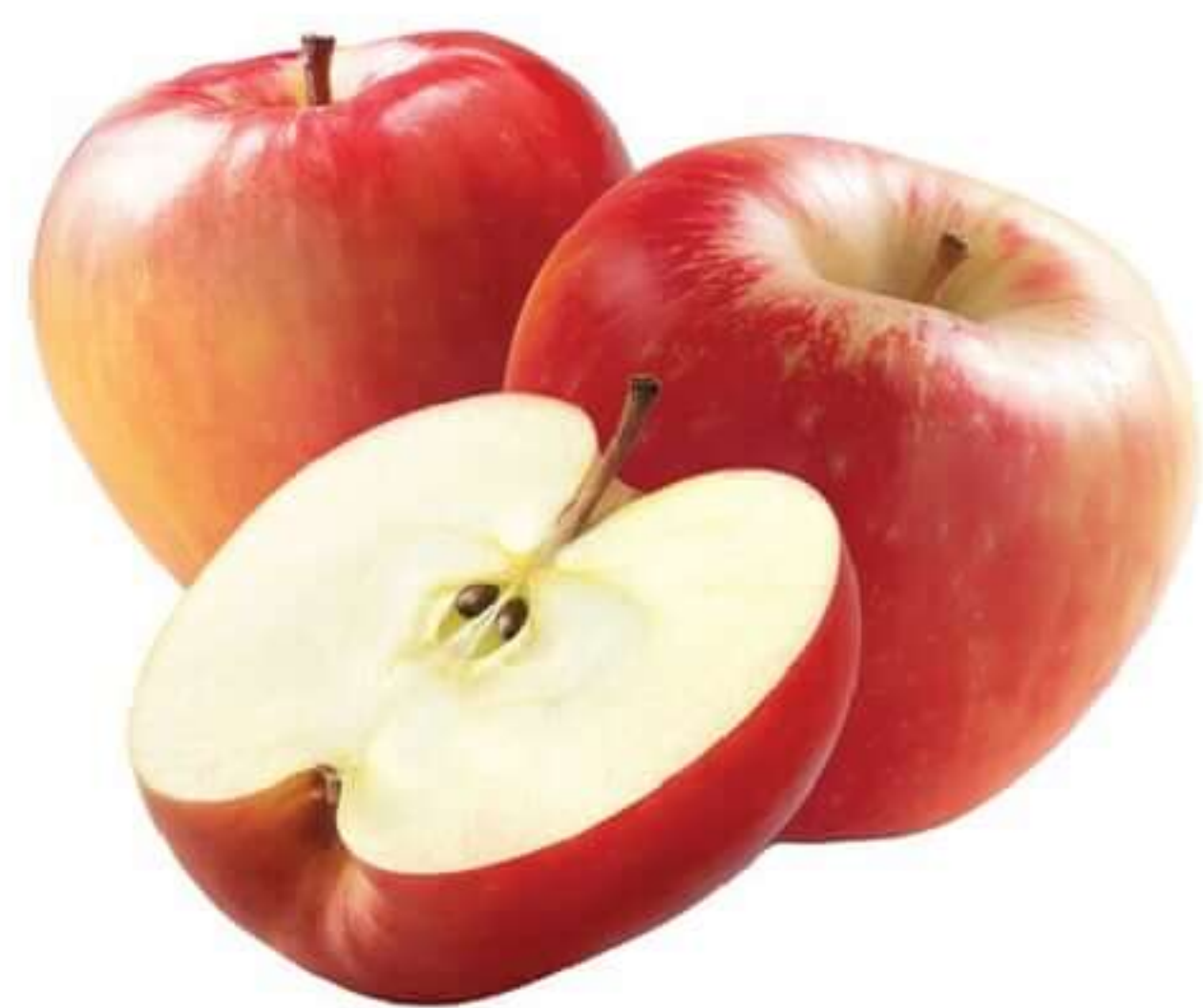
**Market
Made Chicken**



6⁹⁹
lb

**Market
Made Beef**

Fresh Produce



1 49
lb

Honeycrisp Apples



1 29
lb

Hot House On The Vine Tomatoes



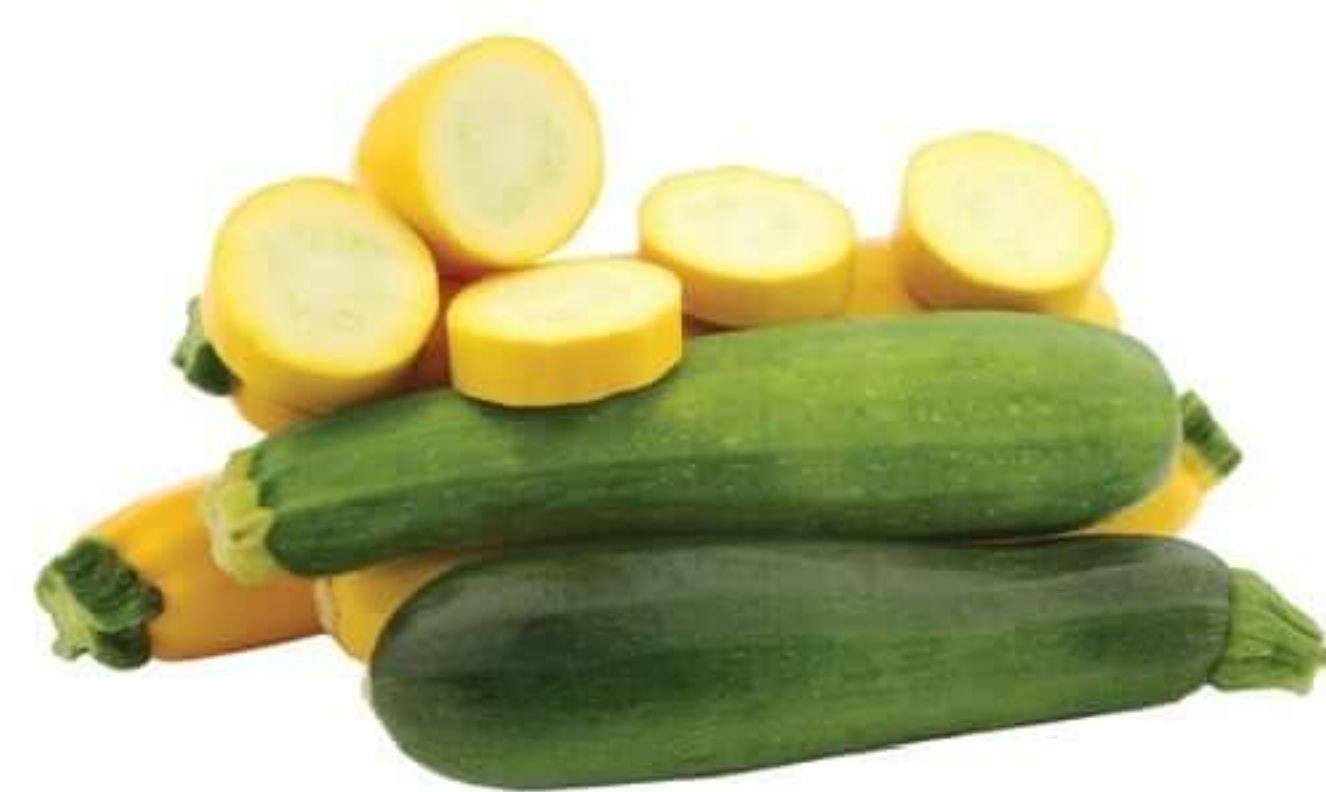
2 99

Tasteful Selection Potatoes
Selected Varieties
24oz.



2 79
lb

Green or Red Grapes



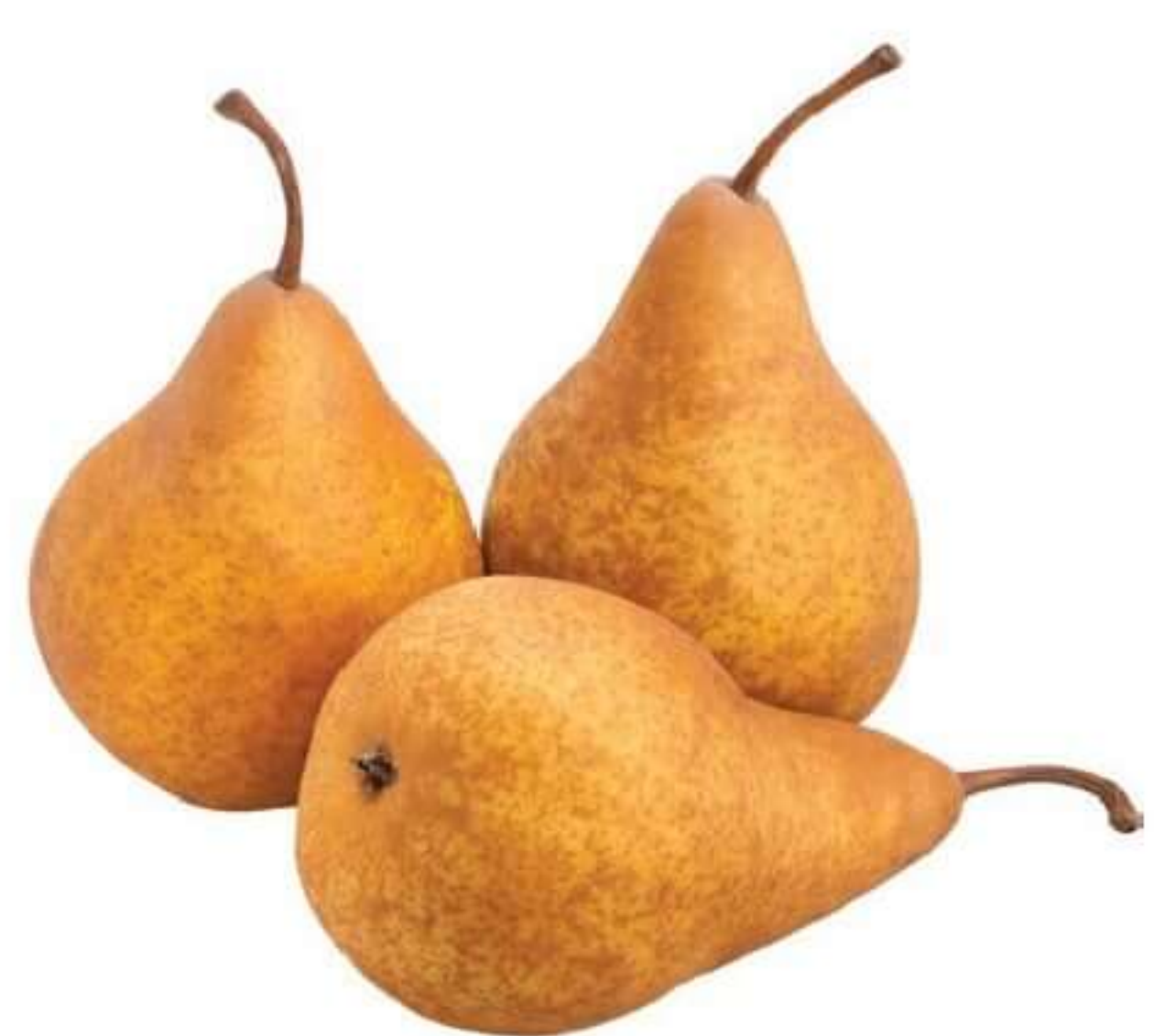
99¢
lb

Yellow or Zucchini Squash



1 29

Red, Yellow, or Orange Bell Peppers



2 69
lb

Bosc Pears



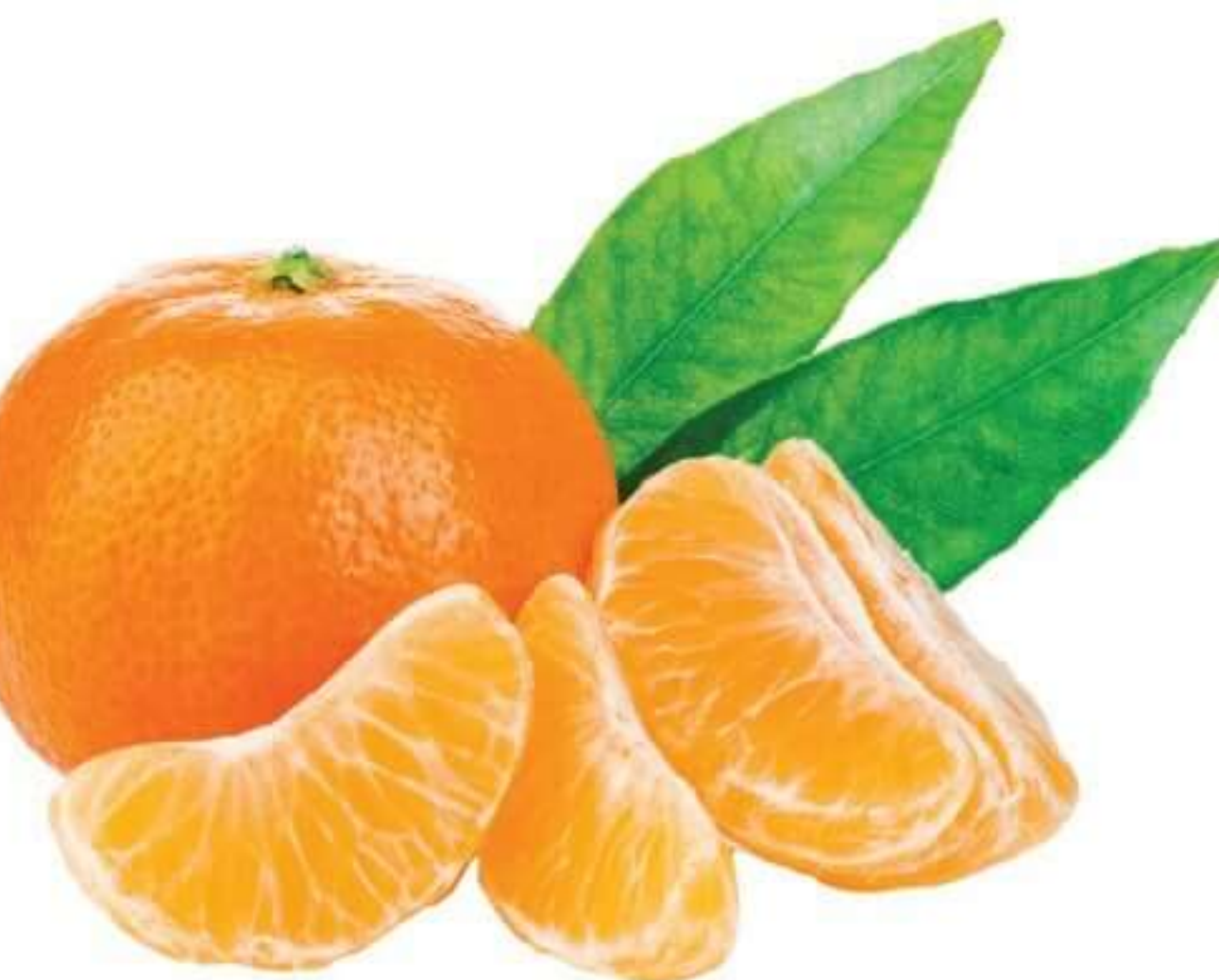
79¢
lb

Green Cabbage



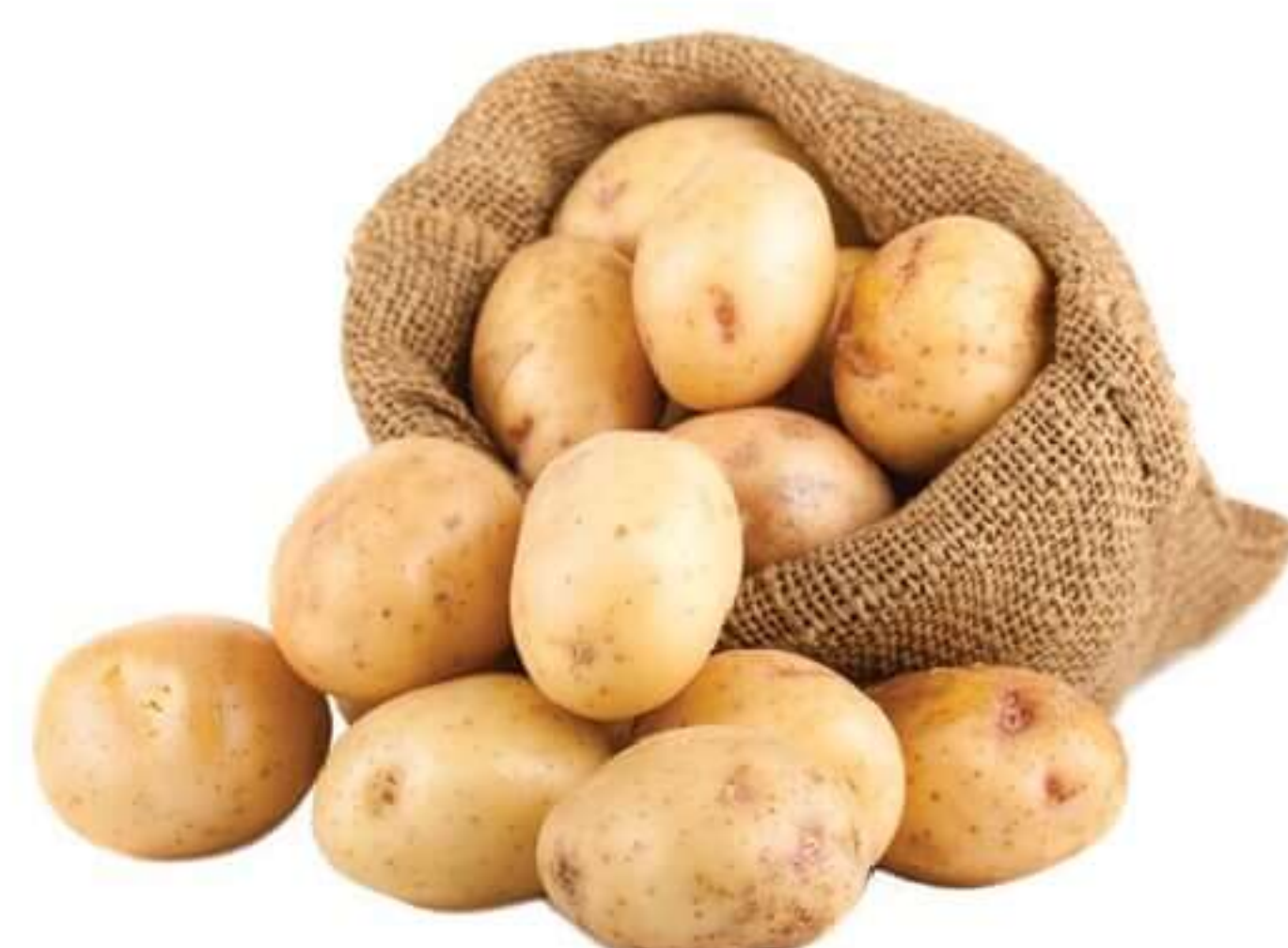
1 29

Celery Hearts



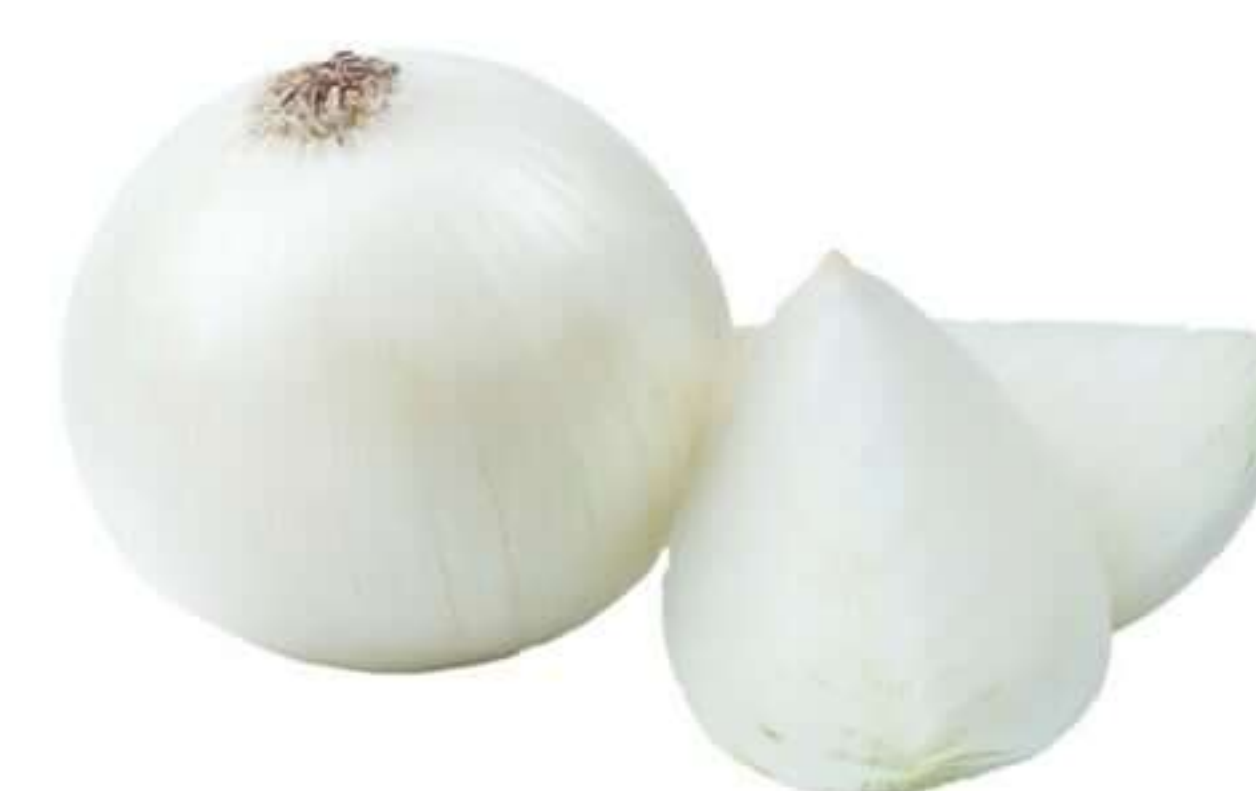
5 99

Sunray Mandarin Oranges
3 Pound Bag



1 99

Farmer's Promise Russet Potatoes
5 Pound Bag



59¢
lb

Medium White Onions

Bakery



5 00

5" Boo Brownie



12 99

Bakery Made Cupcakes
12 Count



2 19

Farmers Bread



22 99

Bakery Made Assorted Cookies
48 Count

Deli



10 99
lb

Boar's Head Sweet B's Honey BBQ Chicken



10 99
lb

Boar's Head Blacken Turkey



7 99
lb

Boar's Head Colby Jack Cheese



7 99

Jumbo Rotisserie Chicken

TASTE THE \$AVINGS WITH... 🥰

FRUGAL FRANK



Best Choice

Grocery



1.99

Ragu Sauce
Selected Varieties
16-24oz.



3.99

Oreo Cookies
Selected Varieties
7.5-14.03oz.



2.99

General Mills Cereal
Selected Varieties
8.9-12oz.



3.29

Kraft Deluxe Mac & Cheese
Selected Varieties
9.4-14oz.



1.69

Hamburger Helper
Selected Varieties
4.8-8.7oz.



3.99

Doritos
Selected Varieties
6-10.75oz.



3.99

Crisco Cooking Oil
Selected Varieties
40oz.



1.39

Campbell's Cream Soups
Selected Varieties
10.5oz.



1.19

Green Giant Vegetables
Selected Varieties
14.5-15.25oz.



2.99

Kellogg's Cereal
Selected Varieties
9.6-16.6oz.



2.49

Voortmans Wafers
Selected Varieties
10.6oz.



2.49

Hunts Snack Packs
Selected Varieties
6 Count



1.39

Chef Boy Ardee
Selected Varieties
14.5-15oz.



10/\$10

Nissin Cup or Bowls
Selected Varieties
2.89-3.42oz.



88¢

Yakisoba
Selected Varieties
3.31-4.12oz.



2/\$3

Idahoan Potatoes
Selected Varieties
1.5-4.1oz.



2.29

Swanson Broth
Selected Varieties
32oz.



2.99

Juicy Juice
Selected Varieties
64oz. or 8 Count



7.88

Pringles Snack Stacks
Selected Varieties
12.91-13.79oz.



2.69

Hawaiian Punch
Selected Varieties
6 Count



77¢

Jiffy Corn Mix
Selected Varieties
8.5oz.



1.99

Act II Popcorn
Selected Varieties
3 Count



2.49

Ortega Tortillas
Selected Varieties
10 Count



3.99

Wishbone Dressing
Selected Varieties
24oz.

Home & Health



7.99

Charmin or Bounty
Selected Varieties
2-6 Rolls



6.88

Xtra Laundry Detergent
Selected Varieties
203.1-206.4oz.



3.49

Fiora Facial Tissue
4 Pack



4.99

Meow Mix
Selected Varieties
3-3.15 Pounds

Drinks



1.99

Coke
Selected Varieties
2 Liter



2.29

Pepsi
Selected Varieties
2 Liter



3.88

Pepsi
Selected Varieties
6 Pack - .5 Liter



9.99

Dr. Pepper
Selected Varieties
24 Pack



4.88

7UP/RC
Selected Varieties
12 Packs



7.99

Gatorade
Selected Varieties
8 Pack - 20oz.



22.99

Busch or Busch Light
Selected Varieties
30 Pack



22.99

Bud or Bud Light
Selected Varieties
30 Pack



22.99

Michelob Ultra
24 Pack

Dairy



10/\$6

Yoplait Yogurt
Selected Varieties
4-6oz.



2.99

Kraft Slices
Selected Varieties
7-8oz.



2.99

Pillsbury Grands
Selected Varieties
8-16.3oz.



3.88

International Delight
Selected Varieties
32oz.



1.99

Just Crack an Egg
Selected Varieties
2.25-3oz.



2/\$5

Jell-O Gelatin or Pudding
Selected Varieties
12.5-15.5oz.



3.49

Imperial Spread
45oz.



4.88

Chobani Flip Yogurt
Selected Varieties
4 Pack



2/\$4

Jell-O Girls Scout
Selected Varieties
7oz.

Frozen



2.99

Blue Ribbon Ice Cream
Selected Varieties
48oz.



2.88

Tony's Pizza
Selected Varieties
7-8oz.



4.49

Louisa Ravioli
Selected Varieties
16-22oz.



7.99

Totino's Pizza Rolls
Selected Varieties
13-48.8oz.



5.99

Jose Ole Taquitos
Selected Varieties
16.2-22.5oz.



2/\$4

Smart Ones
Selected Varieties
6.49-10.25oz.



3.49

Kids Cuisine
Selected Varieties
9.7oz.



1.99

Birds Eye Vegetables
Selected Varieties
9.5-14.4oz.



3.69

Hungry Man Dinners
Selected Varieties
13.1-16oz.

Better for You



2.49

Zatarain's Rice
Selected Varieties
8oz.



3.99

G Hughes Dressing
Selected Varieties
12oz.



2.29

Alessi Breadsticks
Selected Varieties
4.4oz.



3.99

Kinders Dipping Sauce
Selected Varieties
12-12.6oz.



3.49

Mrs. Miller's Egg Noodles
Selected Varieties
16oz.



3.29

Veggie Straws
Selected Varieties
5oz.

The Best Choice



1.88

Best Choice Box Broth
Selected Varieties
32oz.



2/\$5

Best Choice Peanuts
Selected Varieties
16oz.



2.88

Best Choice Popcorn
Selected Varieties
6 Count

Staples



2.29

Bunny Whole Grain Bread
20oz.



1.69

Ozark Hearth Texas Toast
20oz.



1.49

Old World Bagels
Selected Varieties
18oz.

MASSIVE MEAT SALE

Wednesday, October 30th through Tuesday, November 12th



1.99
lb

In Bag
Boneless
Pork Loin



3.59
lb

80% Lean
Ground Beef
Sold in 10lb. Tube



2.99
lb

St. Louis
Style Ribs



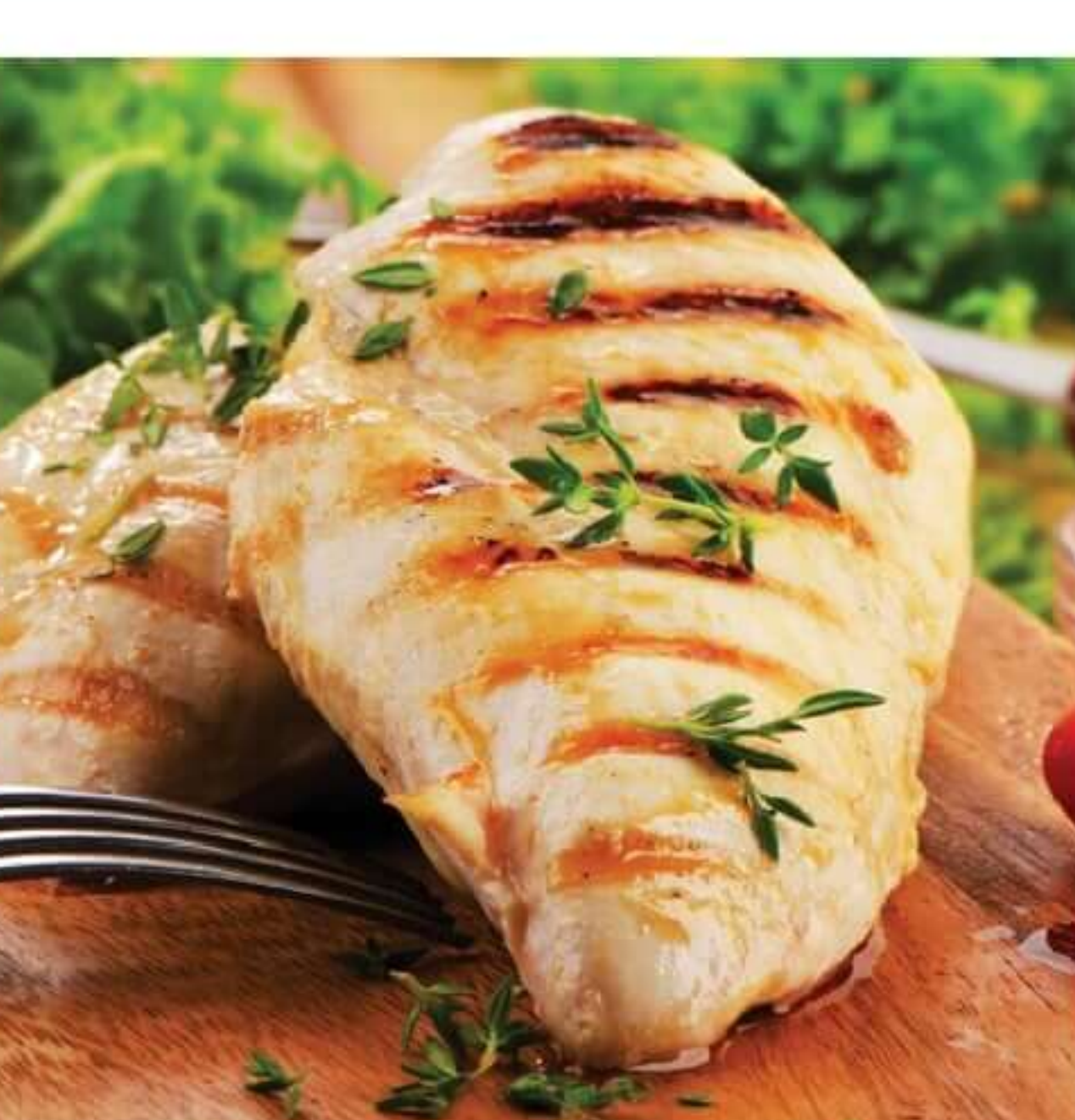
5.79
lb

USDA Choice
Arm Roast



1.99
lb

In Bag
Boston Butt
Pork Roast



5.99

Best Choice
Chicken
Breast
2.5 Pounds



2.29
lb

Pork
Steak



2.19
lb

Country Style
Pork Ribs



5.99
lb

Charcoal
Steak



6.29
lb

Stew
Meat



2.99
lb

Fresh Ground
Breakfast
Sausage



5.89
lb

Patio
Steaks



6.99
lb

Case Ready
Slab Bacon



6.99
lb

Boneless
Beef Short
Ribs



6.99

Swaggerty
Mild Sausage
Box Patties
27oz.



5.49
lb

Smoked
Pork
Chops



16.99

Argentine
Shrimp
2 Pounds

FALL SALE • Wednesday, October 30th through Tuesday, November 5th

BEST CHOICE

Sale

October 30th
through November 5th

97¢

Best Choice
Spaghetti
16oz.



3/\$5

Best Choice
Corn Tortilla
Round Chips
Selected Varieties
11oz.



2/\$4

Best Choice
Cereal
Selected Varieties
10.7-18oz.



3/\$5

Best Choice
Corn Chips
Selected Varieties
9.25oz.



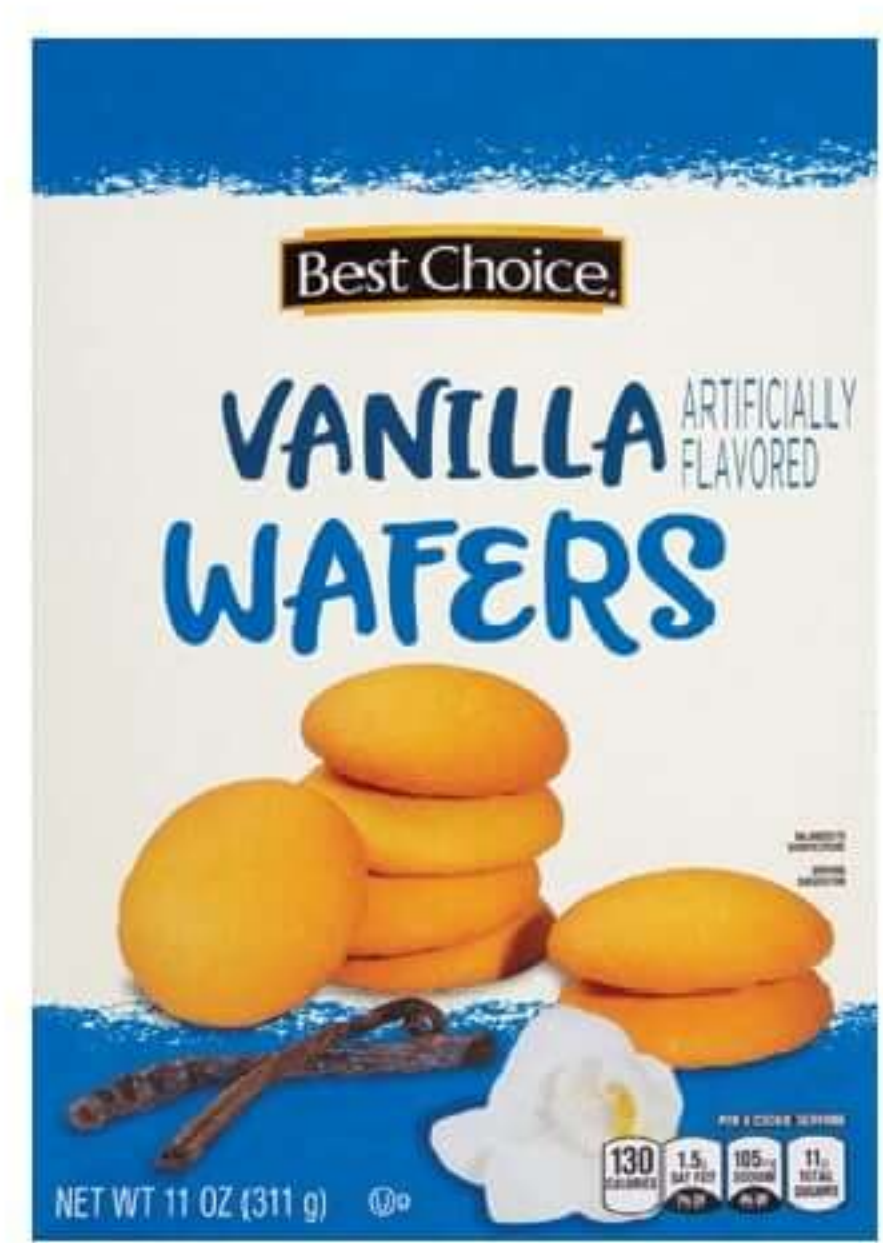
2/\$4

Best Choice
Potato Chips
Selected Varieties
7.75oz.



1 87

Best Choice
Fudge Cookies
or Vanilla Wafers
Selected Varieties
9.4-13oz. or 11oz.



4/\$10

Best Choice
Water
24 Pack - .5 Liter



FRUGAL FRANK

BEST CHOICE

Sale

October 30th
through November 5th

FALL SALE • Wednesday, October 30th through Tuesday, November 5th

1.99

Best Choice
Sugar
4 Pounds
Limit 1



3/\$5

Best Choice
Cheese
Selected Varieties
8oz.



1.88

Best Choice
All Purpose
Flour
5 Pounds



2/\$5

Best Choice
Baking Chips
Selected Varieties
12oz.



97¢

Best Choice
Frozen Steamable
Vegetables
Selected Varieties
12oz.



1.77

Best Choice
Chunky Soup
Selected Varieties
18.8oz.



2.99

Best Choice
Soda
Selected Varieties
12 Pack



FRUGAL
FRANK